

## Bronze Expedition Kit List

*This is to be used as a guide only.*

### Provided by Pupil

Personal Clothing	Number	Notes
Boots / walking trainers	1	Ankle supporting preferable
Walking Socks	2	Good quality
Trousers	2	Quick drying, no jeans
Thermal t-shirt / long sleeved top	2	Wicking material, non cotton
Fleece / warm jumper	1	
Hat – warm/cool	1	Weather dependent
Gloves	1	
Underwear		
Nightwear	1	

Personal Items		
Head torch and spare batteries	1	LED type recommended
Small wash kit	1	Toothbrush & toothpaste, wet wipes
Watch	1	
Personal medication		Please inform supervisor
Small First Aid Kit		Plasters, blister pads etc.
Sun cream		If appropriate
Small amount of comfort food		Chocolate, biscuits, sweets etc.

### Provided by School

You may choose to use your own equipment if you wish, as long as the expedition supervisor has approved it.

Personal Items –		
Waterproof Jacket	1	
Waterproof Over-trousers	1	
Rucksack	1	
Waterproof rucksack liner	1	50 litre
Survival Bag	1	
Sleeping Bag	1	3 season
Sleeping Mat	1	
Cutlery	1 set	
Mug	1	

Group Kit – To carry between the team	
Tents	2/3 man tents
Stoves & Gas	Trangias – 1 between 2/3 people
Scourer	
Maps & Map cases	1:25000
Compass	
First Aid Kit	
Trowel	

### Expedition Food

The school will provide all expedition meals needed for the two days. Pupils may wish to supplement this with some of their favourite snacks.