



BRYANSTON

Activities Day 2021
Description of activities

Please note that most activities require a minimum number of participants. If the minimum number is not reached by close of booking, you may be asked to select an alternative.

ABSTRACT ART

A chance for budding Pablo Picassos and Jackson Pollocks to explore abstract art, get creative and produce some imaginative pieces to take home.

ARCHERY

Archery is the art, practice or skill of propelling arrows with the use of a bow. Come and hit the target!

BEEKEEPING

An introduction to beekeeping and a chance to learn about the different roles of the bees and their importance to our ecosystem.

BOULDERING WALL

Learn to tie knots, belay and climb on our bouldering wall.

CHEMISTRY AND CANDLES

An opportunity to make your own scented candles while learning about the chemical reactions involved in burning and where the scents come from.

CHRISTMAS CRAFTS

Get ahead for the festive season by crafting your very own unique Christmas decorations.

CLIMBING TOWER

A fun climbing session on Bryanston's outdoor climbing tower.

COMPUTER CODING

Let's code! Bring code to life with a series of experiments to write your own code and then solve problems with it, from code-breaking to shape-sorting and robotics.

COOKERY: COOKIES AND CUPCAKES

Bake and decorate some delicious treats.

COOKERY: PIZZA MAKING

Come and make a yummy pizza! Make, knead and stretch the dough ready to add your choice of toppings.

CREATIVE WRITING

This fun session will allow you to express yourself through prose and poetry. We hope that, after pondering and composing, discussing and debating, drafting and deleting, our budding writers will be able to give a reading of the work they have completed on the day.

CRICKET

The session will involve a number of stations for players to try their skills at the various techniques involved in the game, i.e. batting, bowling, fielding and wicket keeping. Emphasis is on fun, plenty of activity and inclusion for all levels. Players just need a white top, tracksuit bottoms and suitable footwear.

CROQUET

A game for everyone that goes back to 1856! It involves using a mallet to hit balls through hoops in the fewest amount of hits to reach the end of the course and to win the game. Played outside on the lawn.

CROSS COUNTRY

A taste of a typical cross-country session at Bryanston on mixed, mainly off-road paths with checkpoints along the way. The session will include runners' drills, a warm-up and stretching of the major muscle groups. Pupils need to have good running shoes (preferably off-road trail shoes). Route: 2.5 miles. Asthmatics to carry inhalers as required.

DANCE – STREET

Sam, Bryanston's dance teacher, takes you through some moves to the latest chart songs and develops a routine.

DESIGNER T-SHIRTS

Paint and create your own fun design on a t-shirt, which you will be able to take home with you.

DJING

Try your hand at the decks and learn the basics of how to mix music.

DODGEBALL

Learn the five Ds of dodgeball: dodge, duck, dip, dive and dodge! You don't need to be a pro, just up for a laugh in an exciting battle against the ball.

DRAMA: IMPROVISATION

Come and work spontaneously with others, with no script or preparation, in some fun, ice-breaking drama games and warm-ups.

DRAMA: PHYSICAL THEATRE

An opportunity to explore how physical theatre can be used to create interesting and dramatic drama work in small groups, including a variety of ice-breaking and focusing games and warm-ups.

DRAMA: STAGE COMBAT

Specialist Mark Ruddick from Squire Theatre will show you how to perform fight choreography, a special technique designed to create the illusion of physical combat without causing any harm.

ESPORTS

New to Bryanston, eSports offers you the chance to play against teammates in a computer game called Rocket League. eSports develops skills such as critical and strategic thinking, and collaborative teamwork.

EXPERIMENTAL PRINTMAKING

Explore the world of printmaking, learning the processes and techniques involved.

FENCING FOR BEGINNERS

A chance to learn the basics of fencing in an introductory session.

FITNESS FUN

Work with Bryanston's fitness team to develop bespoke, fun programmes using a broad range of high-level equipment in our fitness studio, including our static bikes.

FIVE-A-SIDE FOOTBALL

Indoor five-a-side football tournament, open to boys and girls, playing short games of football in a round-robin competition.

FRISBEE

Have lots of fun playing this non-contact sport that has gained popularity over the past few years.

HOCKEY SKILLS

The session will aim to include gameplay as well as learning and developing new skills.

INTRODUCTION TO EQUESTRIANISM

This session provides an opportunity to visit the stables and arenas, groom and lead a pony, meet the Equestrian Centre staff and find out all the answers to your burning questions! No riding is included in this session.

INTRODUCTION TO ROWING

Experience rowing machine technical coaching and races (team relays and individual sprints); Olympic rowing videos; rowing quiz. Please note this activity takes place in the Boathouse and not on the river.

JEWELLERY MAKING: SILVER RINGS

This fun activity gives you the opportunity to learn the necessary skills to make a simple solid silver ring that you will be able to take away at the end of the day.

KAYAKING

Have fun kayaking on the River Stour. Bring a warm change of clothes and a towel. For confident swimmers only.

KNITTING

Learn the basics of this increasingly popular hobby and how relaxing it can be!

LOW ROPES

Balance, agility and problem solving – at two feet off the ground!

NETBALL

Develop your netball through small-sided games, with plenty of passing and shooting drills. Catering for the beginner to advanced levels, this session is certain to improve your game.

PERCUSSION

Enjoy experimenting with and making music using a range of percussion instruments.

PERFORMANCE SPORT AND ANALYSIS

Our Performance Sport Programme Coach, Jack Phillips takes you through Bryanston's state-of-the-art force platform to generate data on your movement and pressure dispersion.

PHOTOGRAPHY

Improve your photography skills and learn some new tips.

ROCKETS

Build your own rockets, blast them into the Bryanston sky and see whose flies longest and furthest.

ROCK OUT

Experience what it's like to be part of a band at Bryanston with our Head of Rock and Pop.

RUGBY SKILLS

Former Bath player and Bryanston's Head of Rugby, Scott Hobson, introduces basic skills and games sessions used to make the game of rugby fun and dynamic.

SQUASH

Receive professional coaching in both skills and gameplay as you work your way around the court.

STEEL DRUMS

Bryanston's Head of Percussion leads you through a fun workshop with steel Drums

STOP-FRAME ANIMATION

Explore your creativity through the making of a short stop-frame animation film.

SWIMMING

Come and make a splash in our swimming pool. Lots of fun and races. Confident swimmers only. Please bring swim kit and a towel.

TABLE TENNIS

Enjoy a session of table tennis with an emphasis on playing games rather than specific coaching.

TEALIGHT HOLDERS

Design and create your own tealight holders under the guidance of our specialist D&T staff.

3D DECORATIONS

Design and make your own colourful 3D decorations to take home.

UKULELES

A chance to discover more about these interesting instruments and learn the basics of how to play them.

WIND TUNNEL TESTING

Are you a Formula 1 car designer of the future? Can you build the best aerodynamic shape to get the most down force and the least drag? Design and build the best shape using a limited amount of Lego and test it in our own wind tunnel.

WOODTURNING

Learn the basics of woodturning.

YOGA

Time to relax! Go through a series of poses and breathing exercises, concluded by a relaxation session. See what your body can do.

ZENTANGLE

Are you the sort of person who, when you have a pen in your hand, can't help but doodle? Then Zentangle is for you. Learn lots of different doodle patterns and turn them into art. You will also feel very chilled and relaxed by the end of the session.