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Teacher leaves the lab to lead by example

Angus Young, a chemistry teacher at Bryanston School, Dorset, has stunned pupils and colleagues at the Dorset school with two remarkable tales of endurance in the space of just a few weeks. Having led the way for most of the race, he won the ultraendurance 2,000km Pan Celtic Cycling Race in an impressive time of 5 days, 3 hours 56 minutes and 25 seconds. This followed his completion of the 3 Peaks by Bike challenge where he took no less than 5 hours off the previous record.

The 2021 Pan Celtic Cycling Race began at the Rame Peninsula in Cornwall, with 134 cyclists from around the UK and Ireland following a challenging route through the Celtic areas of south west England and Wales before reaching the finish line in Llandudno in north Wales. Experienced riders typically take a week to complete the "brutal" 2,000km route. Angus Young's time cut the previous best time for the race by nearly one and a half days – almost 8 hours ahead of his nearest competitor.

Just a few weeks before, Young climbed to the summits and cycled between the UK's three highest mountains, completing the iconic and arduous 3 Peaks by Bike course in an unofficial record time of 32 hours and 11 minutes.

"Angus is certainly leading by example and is an inspiration for everyone," says Bryanston Headmaster, Mark Mortimer. "Aside from his clear passion for chemistry, his mental strength and ability to excel at even the most arduous physical challenge is quite remarkable, and he is showing all of us what can be achieved through determination, unwavering focus and intensive training."

Photograph courtesy of Mason Progressing Cycles and Hunt Beyond.

Cover background

'Save the Planet'

Understanding the plight of the planet can, at times, seem overwhelming. Therefore, to help take one step at a time, a fun, creative and informative lesson was learnt by everyone at Kilgraston School, Perthshire, as they helped create an all-school mural at the heart of the building.

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