

BRYANSTON'S
GUIDED LEARNING PROGRAMME

Together as one community



Welcome to the updated edition of the Guided Learning Programme. Although we have amended the version that was used last year, it remains in essence the same programme, and, as before, is designed to provide structure, reassurance, guidance and stimulation.

Once again, this latest lockdown is a test, albeit a most unwelcome one, of our collective resolve, enthusiasm and optimism. We know – because we did it successfully before – that together we can deliver an educational programme that is enjoyable, innovative and engaging. Of course, we also know that however good the technology, nothing beats face-to-face contact and excellent teaching has strong relationships at its heart. The relationships at Bryanston are indeed strong, and the GLP endeavours to maintain those relationships, but that requires the involvement of every member of the school community.

As before, the pastoral and co-curricular support for pupils and their families (as well as for staff in return) is an essential and integral aspect of the GLP. Some of the most successful aspects of the programme last year were the extra-curricular activities, including some of those organised and led by pupils. We are well aware that everyone's experience during the first lockdown and of the GLP was different, and it will be the same this time too. We all have the responsibility to look out for one another. To that end, there are a few changes to the previous version of the programme. As before, feedback and comments are welcome, so please feel free to make suggestions. If your son or daughter is struggling, or you are, please don't hesitate to let us know.

Finally, let me reiterate a point I wrote in last year's introduction: the GLP is designed to stimulate and encourage curiosity and independent learning. We do not advocate that the pupils are glued to their screens for hours at a time, and remote learning offers the opportunity to investigate and to pursue and develop interests. In that sense, the GLP is about mentoring as much as teaching. It is not designed to fill time.

Home learning is not easy, we all know that; neither is it as effective or enjoyable as being at school. All of us desperately want the pupils back here as soon as possible. However, in the meantime, I am confident that, united and together we can provide an excellent educational experience for the pupils.

Mark Mortimer
Headmaster

January 2021

WHO TO CONTACT

The one-to-one relationship that each pupil has with his or her tutor is at the heart of Bryanston's educational philosophy.

As the pupils know (but may need reminding from time to time), their tutor is the person they should contact first with questions, problems or concerns. Of course, your child's tutor is also very happy to answer any questions that parents may have; likewise your child's housemaster or housemistress.

However, if you have a specific subject-related query for one of your children's teachers, they may of course be contacted as well.

At Bryanston, the email address of all members of the teaching staff comprises their initials followed by **@bryanston.co.uk**. A list of those email addresses may be found by logging into the Parent Area of the website.

Any member of staff should respond to your email as soon as possible.



THE DALTON PLAN: A PREPARATION FOR REMOTE LEARNING

It is not disingenuous to suggest that Bryanston's unique academic system – founded on the progressive educational thinking of The Dalton Plan – is better suited than most to remote learning. We would prefer to be delivering a Bryanston education face-to-face of course, but since it is a central tenet of the School that pupils take responsibility for their own learning, we are confident that the training already received puts them in advance of many of their peers. The Dalton Plan means that pupils:

- learn how to organise themselves and 'budget' their time
- are used to being set extended pieces of work that are completed independently of direct supervision
- are used to flexible and personalised study programmes
- are used to being accountable via the eChart for tracking their own progress
- know how to access subject-specific support through teachers and assignment rooms
- are used to reflecting in weekly one-to-one tutorials – on general wellbeing and targets for improvement.

The Dalton Plan encourages us to 'think of a school where pupils themselves are the experimenters'. Remote learning – though challenging of course – offers an opportunity too, for further experimentation and for that experimentation to be led by the pupils. This is very exciting and very Bryanston. Let's follow our enthusiasms, and see where they take us.

WORKING AS TEAMS IN TEAMS

At the heart of Bryanston's Guided Learning Programme is Microsoft Teams. Bryanston was one of the first schools in the UK to adopt Teams as our virtual learning environment. Our staff have been trained for several years to deliver lessons, set and mark assignments, as well as complete other commitments, through Teams. Furthermore, our pupils are experienced users of Teams.

Microsoft Teams provides pupils and staff with a flexible, powerful virtual learning platform to deliver lessons, set and mark assignments, conduct tutorials and correction periods.



The Dalton Plan encourages us to think of a school where pupils themselves are the experimenters



We don't believe that it is either healthy or conducive to productive learning to have our pupils sitting in front of their screens all day



we can now make even more effective use of the updated online tools at our disposal

BRYANSTON'S DIGITAL CURRICULUM

In preparation for the first lockdown last year, our own research into effective online teaching led us to design a scheme based on lesson variety and quality of curriculum. This was then put into operation for the initial Guided Learning Programme. Since then, educational research authorities have investigated what works best for online learning provision and, as we had hoped, our own formative conclusions and strategies matched those recommended by the subsequent research.

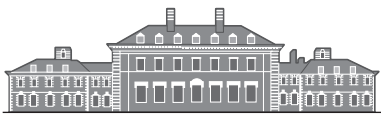
Thus, our teaching strategy moving into this new phase of lockdown will be largely similar, but we can now make even more effective use of the updated online tools at our disposal. Teachers will be using a mixture of synchronous (all learning at once, such as in a live video lesson) and asynchronous (independent learning tasks run at a pupil's own pace) lesson formats and they will be introducing variety both within lessons and across schemes of lessons.

For instance, a sequence of lessons might work in the following way:



We don't believe that it is either healthy or conducive to productive learning to have our pupils sitting in front of their screens all day. We are recommending a flexible approach to teaching and lesson length dependent on progress, age, and where pupils are in their courses.

The digital tools at our disposal have been refined since last year. Microsoft Teams (of which we were early adopters at Bryanston) has been improved and other platforms such as OneNote and Microsoft Forms have also been updated. Correction periods can also be delivered effectively via Microsoft Teams, and the eChart will continue to be used to offer regular feedback to pupils in dialogue with tutors and, at four-weekly intervals, with parents via the new interims.



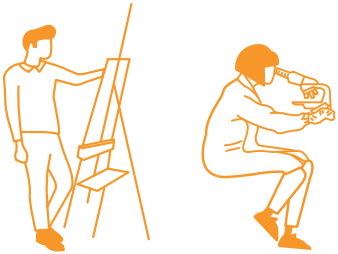
BRYANSTON IN PRINCIPLE

Bryanston's motto – *et nova et vetera* – is never more relevant than today and will guide our community through this challenging time.

The Bryanston approach is driven by our values:

CREATIVE LEARNING

Applied creative thinking across all disciplines



INDIVIDUAL SPIRIT

At the heart of our approach and culture, and in our people



UNBOUNDED THINKING
Open-minded, challenging and inspiring

BRYANSTON @ SCHOOL

Since its foundation, Bryanston has fostered curiosity and independence, qualities essential to life-long learning.

Our values are made manifest by three pillars of learning in our educational approach.

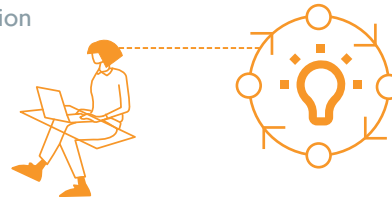
ONE-TO-ONE

Tutorials, correction periods, eCharts, individual support and care



ASSIGNMENTS

Weekly work cycles, encouraging organisation, reflection, research, collaboration



SUPPORTED INDEPENDENCE

First-class teaching, subject rooms and assignment areas, high academic standards supported by world-class pastoral care



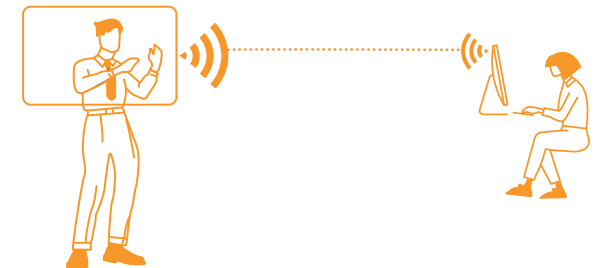
BRYANSTON @ HOME

By working together, we fuse the new and the old using our unique philosophy to promote guided independent learning.

The pillars of learning are delivered effectively while working together remotely, connecting the human and the digital.

WORLD-CLASS INSTRUCTION AND GUIDANCE

Remote teaching, online tutorials, assignment tasks, research and the nurturing of pupils' curiosity



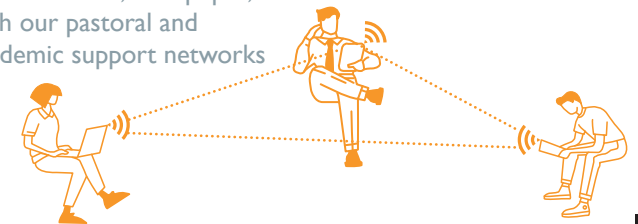
WORK CYCLES

Virtual lesson → assignment work
→ check for understanding
→ personalised feedback and reflection



COLLABORATION

With teachers, with pupils, with our pastoral and academic support networks





B AND A2

Until we know with more clarity what the expectations are for our exam students, we will continue to teach these two year groups the full curriculum. This prepares them for any future form of assessment, and it is also important for them to continue their studies in subjects in which they have worked so hard over the past four terms.

It is worth noting that many of our pupils take international qualifications (the IB, IGCSEs and some of our A level subjects) which are not governed by Ofqual. As things stand, those exams are expected to continue as planned. For these reasons, we are planning to proceed with remote examinations in Weeks 3 and 4 for our B pupils and Weeks 5 and 6 for our A2s. Of course, amidst the current uncertainty, we have to be adaptable and respond to any further announcements regarding exams.

We continue to monitor closely government and international advice regarding summer qualifications and will respond in the best interests of our pupils.

D, C AND A3

Although these year groups' curricula remain the least affected by the closure of the School, their learning is a priority for us. We will work tirelessly to ensure that they are fully prepared for their studies when they return to School.

Weekly assignments will continue to be set, marked and returned with feedback. When necessary, correction periods will be offered to pupils to further check on their progress.

Weekly tutorials will run as normal via Teams video. Tutors will monitor eCharts to check on work being submitted. Learning support will continue to run as normal wherever possible.

D pupils

D pupils will continue to study their subjects in the same classes, following the same timetable. We recognise, as our youngest pupils new to remote learning, a full day of studying remotely can be challenging. We will therefore



we will work tirelessly to ensure that they are fully prepared for their studies when they return to School



we will continue to put our pupils right at the centre of everything we do

be adaptable with the setting of assignments, with core subjects setting traditional prep, and other subjects assessing learning in class time, through activities and tasks.

C pupils

C pupils will continue to study their GCSEs. This year is crucial for developing knowledge and understanding in each subject, as well as skills and attitudes to learning, that ensure success at the end of B.

A3 A level and IB pupils

A3 A level and IB pupils will continue to study in the same classes, and will be set work that will ensure they make the necessary progress in preparation for their final year at Bryanston. Older pupils can work effectively and independently online, and in online groups, testing each other, sharing resources, pooling questions for teachers.

There are many challenges ahead, and like everyone else we have to learn as we go along. But we are genuinely excited by the opportunities before us, and we will continue to put our pupils right at the centre of everything we do. Now, more than ever, the personal support Bryanston has always offered, is needed.



A TAILORED APPROACH

Bryanston's world-class pastoral care is needed now more than ever. During these unprecedented times our aim is to continue to provide every one of our pupils with the individual attention and support upon which we pride ourselves as a school. We remain committed to our tailored approach, which means that pupils will continue to benefit from regular one-to-one time with their tutor and their hsm and, when necessary, their teachers, to provide the academic and pastoral support and encouragement they need to achieve their full potential as individuals. This approach worked well last summer.

Whilst pupils will be expected to spend some of each day in front of a screen, working with our teachers on our Guided Learning Programme, in lessons, during correction periods and in tutorials, we will balance this with a rich programme of other activities which will encourage them to learn in different ways and help with their wellbeing. There is also a wide and varied co-curricular programme to participate in. We ask that our pupils engage with the programme, adopt a growth mindset to try new challenges and build on their resilience if they find them hard the first time round. We encourage pupils to invest in their family and play a part in their local community and will offer suggestions on how this can be achieved.

THE ADAPTED TIMETABLE

Our aim is to keep our pupils learning, provide structure for their day, following their current timetables as closely as possible, and variety to their lives. As in the first school closure, their progress and wellbeing are central to how we have planned this adapted timetable. Pupils should follow their normal school timetable that comprises single and double lessons but be ready to embrace new ideas and creative ways of teaching and learning.

There are two modifications to the normal school routine:

1. Lessons are 30 minutes long with 10 minutes in between.

This is to give pupils and teachers time to pack up from one lesson and prepare for the next.

2. There are no timetabled lessons on a Saturday morning.

A great deal of thought and research into best practice for remote teaching and learning has gone into this decision. We feel the wellbeing of our pupils will be optimised if they have a free choice on how they manage their weekends. We recommend an emphasis on family, time away from screens and time to pursue other interests and activities, either those suggested by our co-curricular team or something entirely different. However, we are at a different stage in the academic year during this second school closure, which means it is important that Saturday morning lessons are not lost entirely. We have devised a schedule that allows weekday morning lessons to be substituted for Saturday classes on a rotation basis, starting with Tuesday Week 2, then Wednesday Week 3 and so on. Teachers and tutors will ensure that pupils are clear on this.

Bryanston, like our pupils, is quick to adapt, and we will constantly review our Guided Learning Programme if we feel it can be improved. Lessons we learned from the last time we were remote teaching have been incorporated into this version of our GLP. We welcome feedback from all and we will send out a questionnaire to gather information from you. Tutors and hsms will keep pupils regularly informed about everything we are doing.



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THE ADAPTED TIMETABLE

Wake up and morning registration (Monday – Friday)

Pupil should set their alarms for 07.30. They need to have eaten a healthy breakfast and be following the school dress code in time for online morning registration between 08.00 and 08.30.

Assemblies at 08.30

Monday: Headmaster's Assembly for the whole school

Wednesday: Chapel for all. We invite the whole school community to join the Chaplain for a short morning service and some uplifting messages during this challenging time. This service replaces Junior Chapel and is compulsory for D pupils.

Friday: Whole School Assembly taken by staff or pupils

Morning lessons

Period 1	8.50–9.20
Period 2	9.30–10.00
Period 3	10.10–10.40
Break	10.40–11.15

Take a break from the screen

Pupils should consider:

- having some tea/coffee or a healthy snack while talking on the phone to friend(s) from School, just as they would in the Dining Hall
- stretching their legs in the fresh air, just as they would walking back to house.

Period 4	11.15–11.45
Period 5	11.55–12.25
Period 6	12.35–13.05

Lunch and Rest 13.05–14.25

Pupils should enjoy a healthy lunch, ideally with family, making sure to drink plenty of water.

Pupils may have a tutorial or a co-curricular commitment, so they must make sure they honour this.

Afternoon lessons on a Monday, Wednesday and Friday only

Period 7	14.25–14.55
Period 8	15.05–15.35
Period 9	15.45–16.15

Afternoon co-curricular activities

Tuesday

14.15	Sport for C and D / ECAs for B, A3 and A2
15.15	ECAs for D / Adventure Training for C / 'Senior Active'

Thursday

14.15	Sport for C and D / ECAs for B, A3 and A2
15.15	ECAs for C and D / 'Senior Active'

A summary of the GLP timetable can be found [here](#).

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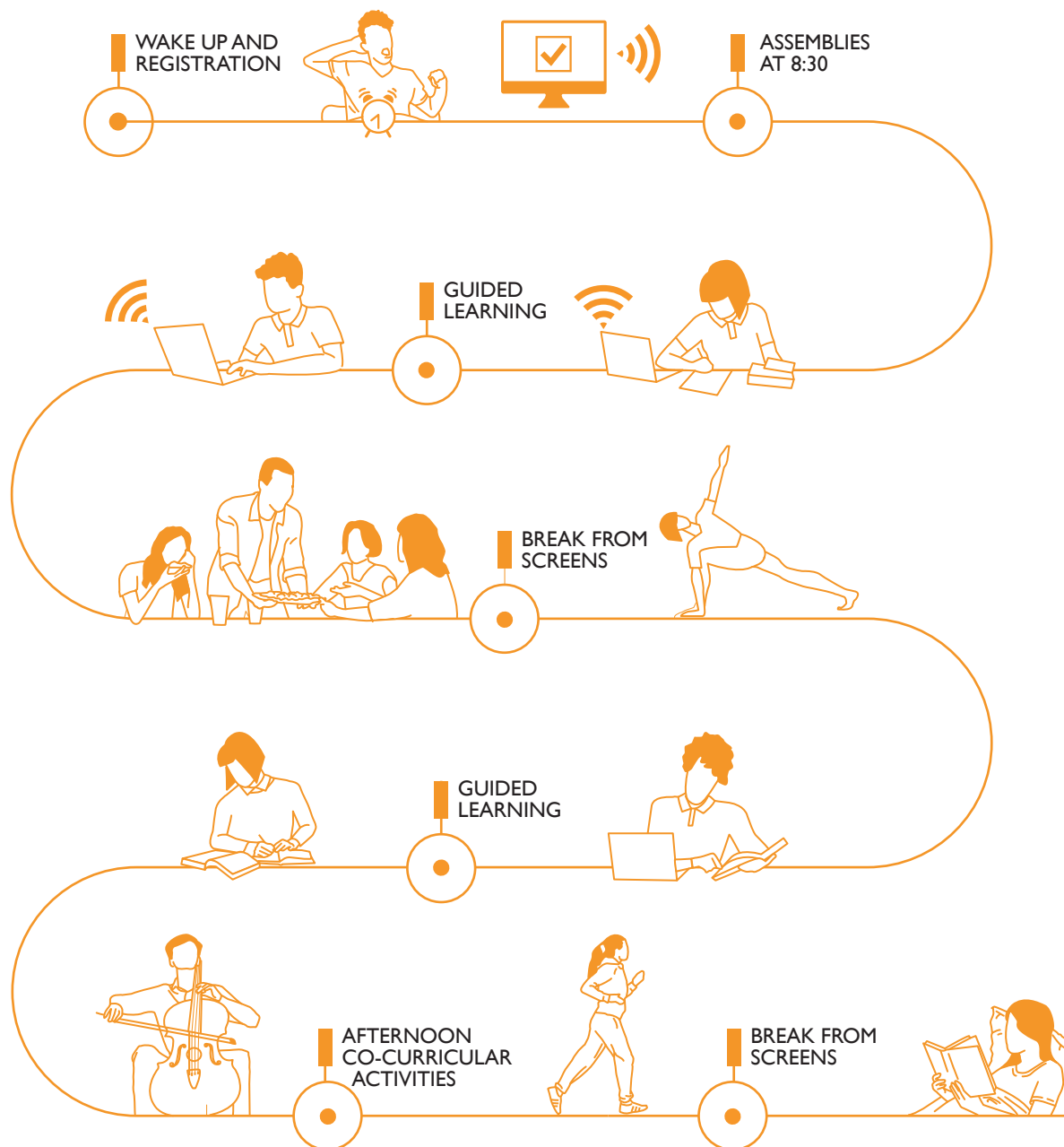


WORKING FROM HOME

We recommend that pupils set up a suitable private space at home where they can base themselves to work quietly and without distraction. This would not be their bedroom. Guidance on remote learning for parents and pupils can be found [here](#). Usual school protocol regarding mobile phones is still relevant so mobile phones should not be visible and, ideally, left in another room while lessons are being conducted.

Pupils in different time zones

Pupils working in different time zones might find it more challenging to attend 'live' lessons. Teachers are mindful of where a time zone difference makes it impossible for a pupil to attend a live lesson and will make provision for this to ensure none of our pupils miss out on important academic content. Tasks will be set via Teams as usual and pupils should check the Posts channel for their particular class in order to keep up to date. Some teacher-led activities will be recorded and posted on Teams. Tutors will be well placed to advise pupils in different time zones as to how their study might best be managed.



EVENINGS

There is no set routine for the evening and so a degree of flexibility is offered. However, pupils must ensure:

- any work due to be submitted the next day is completed to the best of their ability
- they have tidied their desks and organised their books ready to start the next working day
- they attend any organised event (e.g. year group meeting with their hsm, tutorial or music lesson)
- they get to sleep at a similar time to lights out time at School (D at 21.45; C at 21.55; B at 22.15; A2 and A3 by 23.00).

We strongly encourage pupils to:

- spend some time chatting with friends
- leave their screen downstairs when they go to bed
- spend 30 minutes reading before bed.



ACCESSING SUPPORT FOR PUPILS AND THEIR FAMILIES

There are plenty of members of the Bryanston community available remotely to support our pupils and their families.

Tutors

Tutors play a fundamental role in the life of a pupil at Bryanston and this role becomes even more important when pupils are working remotely.

The tutor continues to be responsible for monitoring the pupil's academic commitment, attitude to learning, engagement with the virtual learning environment and prompt submission of assignments. They will monitor this through a pupil's eChart as well as personal contact with teachers, and they will also follow up with the parents if they have any concerns. In addition, the tutor will oversee the daily activity of the pupil to check they are accessing the variety of options available that will keep them in good physical and mental health. They will arrange one-to-one tutorials via Teams each week to provide feedback and guidance to the pupil and set them short, medium and long-term targets.

The tutor will check and discuss their engagement with the co-curricular programme on a weekly basis. The tutor will liaise with the hsm on their overall assessment of how a tutorial pupil is doing and is equally available to parents. Contact with parents could be by email or Teams, or tutors can telephone parents by prior arrangement.

The housemaster/housemistress (hsm)

The hsm continues to be responsible, in parallel with the tutor, for the wellbeing and progress of all the pupils in the boarding house. As such, the hsm will be available for conversations during the working day and evening and the aim is always to motivate and support the pupils. The hsm will continue to address any issues affecting pupils and to communicate with parents and teachers about the best way forward.

The hsm will be keen to hear what activities pupils are engaged in while working from home. They can also give suggestions about further activities. The hsm remains the central point of contact should you have any concerns about the wellbeing of your child.

The hsm will continue to run year group meetings on a regular basis to ensure each pupil stays connected with their friends in house. They will invite contributions from pupils and other staff as appropriate. They will also touch base with individual pupils and will stay in touch with parents via email or phone.

The Chaplaincy

01258 484520

johd@bryanston.co.uk

The Chaplain, Jo Davis, is available throughout via phone or email to offer pastoral support for pupils, parents, and the whole family. Please leave a message if she doesn't pick up, and she will get back to you as soon as possible. A Chapel service will be broadcast every Wednesday morning at 08.30 and Jo invites the whole Bryanston community to 'tune in'. A recording of this service will be available for anyone wishing to watch it but who is not able to attend live. Jo is also hosting an ECA Craft and Chat session, for pupils to spend time together creating and chatting – whatever they enjoy. Being creative improves wellbeing by increasing positive emotions, and reducing negative ones, such as stress and anxiety.

The Chaplain's five tips for mental wellbeing:

1. Remember, not everything you hear or read is true.
2. Remember to talk each day to loved ones (in person and virtually).
3. Remember to take time out to enjoy a hobby.
4. Remember to sleep well (and you may need more of it at the moment).
5. Remember that this too shall pass.

Please do get in touch if there is a bereavement in your family as Jo can offer specialised support at this difficult time.



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Medical concerns

Quarter Jack GP Surgery 01202 848263
Repeat prescriptions www.quarterjacksurgery.co.uk
Bryanston Medical Centre medcentre@bryanston.co.uk

The Quarter Jack Surgery in Wimborne has access to our pupils' medical records. Please phone them directly on the number above if you have any medical concerns. The doctors will continue to see pupils for appointments if you live locally. They are also conducting remote appointments via phone or Teams. For repeat prescriptions, please visit their website at the address above. The surgery can send repeat prescriptions in the post.

However, we understand that pupils and parents may prefer to use the local or family GP surgery and register their child as a temporary patient. Details of how to do this can be found [here](#).

Our Medical Centre Manager and two Clinical Lead Nurses are working part time during the school closure. This is mainly to look after the pupils who are with us on site but they will be monitoring the Medical Centre email address regularly and are available if you would like to contact them directly.

Mental health provision

We appreciate the COVID-19 outbreak has been life-changing for all of us. It can cause feelings of stress and anxiety, sadness, boredom, loneliness and frustration. A survey by the mental health charity YoungMinds identified that the two factors most commonly cited that heighten these emotions in young people are loss of daily routine and social isolation. We are aware of the significant impact not being at school has on our pupils, as they are used to a prescribed daily structure while being surrounded by friends 24/7.

The continued interaction your child will have with their hsm and tutor will provide a good level of emotional support. We are also working hard to deliver events that will bring the Bryanston community together. More details on these events will follow. In addition, hsm's can recommend some reputable websites and apps to help a young person through this time. Hsm's also have access to our wellbeing support staff.

We hope that the fact we are following a normal school timetable will be of comfort. The rich and diverse remote co-curricular programme will also add variety to pupils' days and keep them engaged and active. There are a number of websites that offer sound advice on how to stay mentally healthy during self-isolation, such as the [NHS Every Mind Matters](#) and [Public Health England](#).

In addition, our mental health professionals are available to pupils in as close to the usual way as possible and will carry out telephone or video conferencing consultations and appointments.

Counsellors

counselling@bryanston.co.uk

Our experienced counsellors, Alison Aquilina and Roger Green, are available at their usual times; Alison on a Monday, Wednesday and Thursday, and Roger on a Tuesday. Pupils who already have counselling will continue to do so. Pupils wishing to access counselling can do so by emailing the counselling email address above. Counselling sessions are conducted either by telephone or on Teams. Pupils are asked that if they are unable to attend the session, they let the counsellor know as soon as possible so that the time can be offered to somebody else. Alison and Roger are a popular source of support for our pupils, so it is important to use their time effectively. The boundaries around confidentiality and other guidelines on how to make the most from the counselling service will be explained to the pupil at the start of the first session.

Pupil wellbeing at the forefront of our minds

Bryanston is known for its kind and caring community. We miss each other when we are not together and staff care deeply for the wellbeing of the pupils. During this second round of the GLP, we are working hard to deliver even more initiatives that focus on the wellbeing of our school community. Our aim is to keep us all connected and to give ideas of various activities that can boost our mood and keep us positive. We are introducing 'Wellbeing Wednesday' to provide a boost in the middle of each week of online teaching and learning, which will be launched in Week 3. More details on this initiative to follow.

We encourage our pupils to revisit the [Bryanston wellbeing](#) page on the school website, which gives lots of information on how to look after ourselves. This page will be updated with additional ideas and information every Wellbeing Wednesday.



The continued interaction your child will have with their hsm and tutor will provide a good level of emotional support



OTHER PASTORAL FACTORS

The importance of sleep

The recommended amount of sleep for teenagers is, on average, 8 to 10 hours each night. From the numerous studies on sleep, the benefits range from enhanced concentration to a better immune system. Some research suggests a difference of approximately half a grade between pupils who sleep well and those who do not. This is possibly because pupils who get better sleep may be more attentive the following day, leading to more effective learning. It is also suggested that when we sleep new connections are formed between our brain cells. So, getting a good night's sleep on a regular basis can improve memory. However, possibly more important than this at the current time is that many researchers believe that one of the main functions of sleep is to maintain our immune system and regulate the hormones necessary for health. Getting the recommended hours of sleep a night can help defend the body against illness. Sleep is one of the most important parts of our day. Whilst many may see it purely as a time to recharge, its benefits for both our physical and mental health are significant.

The importance of exercise and good nutrition

Our pupils lead very active lives when they are at Bryanston so engagement with remote games and PE lessons is vital to promote their physical and mental health. Our Heads of Sport and Performance Sport Department will deliver more 'live' sessions during this second school closure. More details of these can be found in the co-curricular section of this document. In addition, there are lots of videos to improve pupils' skills levels, cardiovascular fitness, strength and flexibility on the School's Virtual Sports Centre page. In addition to physical challenges, there is advice on nutrition and other top tips to keep fit and healthy. Parents and other family members are invited to join in via the [School's Virtual Sports Centre](#).

E-safety

Bryanston uses a huge amount of filtering and monitoring software to keep our pupils as safe as possible when they are using the school Wi-Fi. We encourage parents to:

- set filters on their home connection
- check their parental control settings via their broadband supplier
- check they have suitable anti-virus protection in place.

For advice on setting up controls offered by your home internet provider, we recommend the [UK Safer Internet Centre](#).

For more general advice on parental controls, the NSPCC, in partnership with O2, provide a very good [checklist](#). In addition, the O2 NSPCC Advice Line offers advice on apps, sites, games and online safety (0808 800 5002).

Pastoral or behavioural concerns

Parents are encouraged to discuss any pastoral or behavioural concerns with their child's hsm and/or tutor. Bryanston expects a high standard of behaviour from its pupils and this includes when they are away from School. Our pupils know how to behave and have a good understanding of boundaries; they rarely let us down. However, it is important that they know the adults who care for them at home and at School continue to communicate about their behaviour and attitude. Hsms are supported in these matters by Richard Jones, Second Master, Preetpal Bachra, Head of Pupil Development, and Claire Miller, Deputy Head (Boarding & Pastoral).

Support for parents

We understand that the current situation is stressful for our parents at times, as you juggle working from home while supporting your child's education, together with the additional uncertainties that the COVID-19 pandemic brings. We will be developing further a parental section on the website, linked from the Parent Area, which will contain resources and advice on dealing with some of these new challenges.

Do remember that we are here to support the whole of the Bryanston family so please speak to your child's hsm if there are additional factors that we need to consider and we will do all we reasonably can to help.

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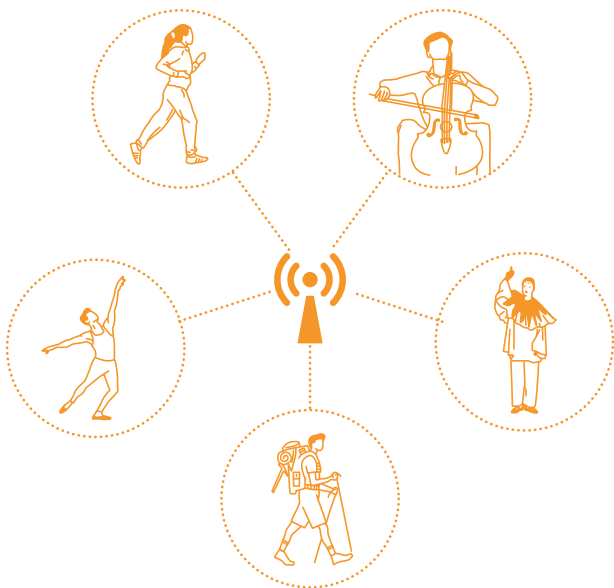
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ENSURING THE ABUNDANT LIFE CONTINUES

Key to a Bryanston education is enjoyment in learning, in relishing every available opportunity, in discovering talents and interests and exploring them to the best of one's abilities. It is no less the case now that we are no longer gathered together at Bryanston. With imagination and creativity, we can replicate parts of our co-curricular programme remotely and, in some cases, adapt and enrich our offering by responding flexibly to the challenges that face us in its delivery.

We have always believed that by encouraging our pupils to explore their full range of talents through the co-curricular programme, they are able to discover what they are truly capable of achieving. Finding their own particular strengths and developing their natural skills gives pupils the confidence to tackle the areas they find more difficult and to develop grit while doing so. It is not possible for everyone to accomplish this level of self-knowledge and confidence through academic work alone. When the abundant life is celebrated, intelligence thrives.



*With imagination and creativity,
we can replicate our co-curricular
programme remotely*



*When the abundant life is celebrated,
intelligence thrives*

SCHEDULING

Tuesday and Thursday afternoons have been split into two slots:

- Slot 1 (14.15-15.00): Junior Active Sessions/Senior ECAs
- Slot 2 (15.15-16.00): Junior ECAs/Senior Active Sessions

Juniors = D and C year groups

Seniors = B, A3 and A2 year groups

Active options will be both Tuesday and Thursday; ECAs will be Tuesday or Thursday.

RUBRIC

A sign-up window will be opened, via SOCS, to select new Active and ECA options for the lockdown period. All pupils will be required to select the following, as a minimum, but may do more:

D pupils: 2 x ECAs (Tue & Thu) and 1 x Active (Core Sport – Tue & Thu); all compulsory

C pupils: Adventure Training (Tue), 1 x ECA (Thu), 1 x Active (Core Sport – Tue & Thu); all compulsory

B, A3 and A2 pupils: 1 x ECA (Tue or Thu) and 1 x Active (Sport or Fitness)

Active sessions are compulsory for all year groups. ECAs (including Adventure Training) are compulsory for Juniors (D and C) and strongly advised for Seniors (B–A2).

LUCEAT

Celebrating pupils' successes, achievement and endeavour will continue to be important. The term 'Luceat' is derived from a Latin term and means 'let him/her shine', which fits well with the rising sun of the Bryanston marque. Pupils whose efforts, in whatever sphere, reflect the School's values and are shining brightly will be rewarded with a Luceat. Recipients of a Luceat will continue to meet on a Friday, during which they will receive a virtual pat on the back.



ACTIVE (SPORT AND FITNESS)

Maintaining physical and mental health through skill development, variety and challenge

With pupils away from School and restricted in their movements, remaining physically active and maintaining a healthy lifestyle are more important than ever. These will be the key priorities for our Sports Department in the weeks ahead. Through our Virtual Sports Centre, our Active offering will see live sports sessions occurring daily with recorded events being catalogued in the Virtual Sports Centre to access at other times.

Sport sessions will take place on Tuesdays and Thursdays at the following times:

14.15– 15.00: Junior Active Sessions

15.15–16.00: Senior Active Sessions

Pupils are, of course, encouraged to be active at other times in the week and there will be plenty of tutorial videos to give them some ideas.

Pupils will be asked to select a sport from the following options:

- rugby
- football
- hockey
- netball
- rowing
- dance (seniors only; juniors have a dance ECA offering)
- PSP (by invitation)

Sessions will be live and pupils should log into these sessions to ensure they are marked as present. There will be a different focus each week with elements of:

- live skills-based sessions
- set challenges to complete
- pre-recorded sessions for pupils to watch, carry out and send evidence back
- Q&A sessions
- analysis of Bryanston games/each other/professional matches

Alongside the provision of these sessions, we will be running fitness sessions (Joe Wicks style!) on Monday, Wednesday and Friday from 13.30–14.00 for any pupils or staff who wish to take part. These sessions will be recorded and available to watch again on the Virtual Sports Centre.

Core PE lessons for D, C and B will also be available on the Virtual Sports Centre alongside many other fitness-based resources, which pupils can access whenever they wish to help them with ideas to remain active, healthy and motivated for exercise.

Similar to the last lockdown, we will also run whole school events aimed at encouraging the entire school community to stay active. Please keep an eye on the School's social media channels for further details.



With pupils away from School and restricted in their movements, remaining physically active and maintaining a healthy lifestyle are more important than ever



MUSIC

Enabling musical enrichment and opportunities

The Music Department is making plans to provide a wide offering of activities during the Spring term.

Individual instrumental lessons will continue at their usual time via Teams; it is hoped that pupils in B who had given up their lessons to focus on exams may be encouraged to continue.

Our regular concert programme will continue with informal Play and Listen Concerts every Thursday lunchtime at 13.35 and a BryLiveSounds concert every Wednesday at 19.30. Broadcast via YouTube, pupils, OBs, parents and teachers will be invited to record performances at home with some components livestreamed.

ECAs will include music production (for pupils who have Logic Pro X software at home), rock band coaching and song-writing classes.

Masterclasses (instrumental, vocal, music technology and composition) and workshops will be offered by staff and professional musicians at 13.35 on Mondays and Fridays.

In addition to these regular activities, the Music Department hopes to find opportunities to bring the entire Bryanston community together at a time when isolation is affecting us all.

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DANCE AND DRAMA

Encouraging participation through a breadth of opportunities and one-to-one coaching

Bryanston has always prized what happens outside the classroom as much as what happens within it, and we were delighted with the response to drama and dance activities during the summer term lockdown, which demonstrated how highly our pupils prize these activities too. Though we hope this latest lockdown will be of shorter duration, we've learnt a lot about what works, what pupils enjoy and how they rise to the challenge of finding the time, space, means and energy to meet online and share their joy in the performing arts. This spring we will:

- continue coaching towards LAMDA exams in March, in acting, musical theatre or the new Shakespeare Certificate
- start a new Senior Drama Club, meeting weekly to read a selection of plays that might interest student directors – perhaps for use in the A3 Festival (Summer term 2021), touring to the Fringe or performing on a shoestring in any space
- run D drama sessions online, with pupils opting into a creative project such as play writing, theatre design, improvisation, or games and techniques which will give an insight into GCSE drama
- start a new C Drama Club to begin work on live performance ideas for the Summer term
- run live ballet lessons in all grades in new slots earlier in the afternoon and evening
- continue to run street, contemporary, tap, jazz and boys' dance through live lessons with current groups or pre-recorded films
- launch a 'Theatre Club' for the whole family, to operate in the same way as a book club, making use of the fabulous productions on Digital Theatre+ and Drama Online, as well as newly streamed productions online
- put greater focus on pupils' creating their own dance and drama pieces and supporting each other through the process.



OUTDOOR EDUCATION

Embracing change as an opportunity, building a strong sense of self-worth and the confidence to overcome, and learn from, adversity

Now more than ever, resilience is key to developing self-reliance and resourcefulness. The Outdoor Education Department will support pupils in building their resilience by running an exciting adventure training programme during the Spring term, which will explore key aspects of outdoor education. This will be delivered weekly to a number of year groups, providing an important opportunity to come together and collaborate.

In addition, the Ten Tors teams and the Duke of Edinburgh's Award, both at Bronze and Gold level, will continue to flourish. Preparation for the expeditions will include safe cooking, rucksack packing, basic map reading and first aid.

EXTRA-CURRICULAR ACTIVITIES (ECAs)

Following enthusiasms and discovering new skills

Bryanston offers a wide range of ECAs across a broad range of areas, all of which are important in helping children to discover where they can flourish and excel. Many of these activities can continue to operate remotely while others will be adapted, with a little ingenuity. Following the principles of Daltonism, pupils and staff will be encouraged to take a flexible approach to ECAs, learning from the challenges of remote delivery, then adapting and building upon their discoveries with enthusiasm and commitment.

Tutors will encourage pupils to continue to participate in a full range of ECAs, with a particular focus on trying new skills and some of the many new activities which will be on offer. There will be some competitions and some quizzes. And family participation will be important.



Now more than ever, resilience is key to developing self-reliance and resourcefulness



Many of these activities can continue to operate remotely while others will be adapted, with a little ingenuity

