



TEN TORS
2023
28th–30th April

BRYANSTON SCHOOL

Ten Tors 2023 - 24

Training Schedule

1 November	Initial Meeting	Enrolment
Nov – Mar (C only)	Daytime sessions Tuesday 1:20 – 2:15	Navigation practice Expedition Equipment First Aid Risk Assessment
3 December (C only)	First Walk	Short walk - navigation practice
21 January (C and A3)	Sunday walk (The Beast!)	25km Long Distance walk (fast paced)
1 - 3 March (C and A3)	Dartmoor Weekend Expedition	Dartmoor North Moor – Full expedition rucksacks – Overnight Camps
26 – 28 April (C and A3)	Dartmoor Weekend Expedition	Dartmoor North Moor – Full expedition rucksacks – Overnight Camps
10 – 12 May (C and A3)	Main Event	Leave School Friday 9am Kit Scrutineering Event starts Saturday morning 7am